

Instructions for Use

RealStar® HEV RT-PCR Kit 2.0

07/2017 EN

RealStar® HEV RT-PCR Kit 2.0

For use with

Mx 3005P™ QPCR System (Stratagene)

VERSANT® kPCR Molecular System AD (Siemens Healthcare)

ABI Prism® 7500 SDS (Applied Biosystems)

Rotor-Gene® 6000 (Corbett Research)

Rotor-Gene® Q5/6 plex Platform (QIAGEN)

CFX96™ Deep Well Real-Time PCR Detection System (Bio-Rad)

LightCycler® 480 Instrument II (Roche)













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1. Intended Use

The RealStar® HEV RT-PCR Kit 2.0 is an *in vitro* diagnostic test, based on real-time PCR technology, for the detection and quantification of hepatitis E virus (HEV) specific RNA.

2. Kit Components

Lid Color	Component	Number of Vials	Volume [μl/Vial]
Blue	Master A	8	60
Purple	Master B	8	240
Green	Internal Control	1	1000
Red	QS1-4*	4	550
White	Water (PCR grade)	1	500

^{*} The RealStar® HEV RT-PCR Kit 2.0 contains Quantification Standards (QS) at four different concentrations (see Chapter 6. Product Description)

3. Storage

- The RealStar® HEV RT-PCR Kit 2.0 is shipped on dry ice. The components of the kit should arrive frozen. If one or more components are not frozen upon receipt, or if tubes have been compromised during shipment, contact altona Diagnostics GmbH for assistance.
- All components should be stored between -25°C and -15°C upon arrival.
- Repeated thawing and freezing of Master reagents (more than twice) should be avoided, as this might affect the performance of the assay. The reagents should be frozen in aliquots, if they are to be used intermittently.
- Storage between +2°C and +8°C should not exceed a period of two hours.
- Protect Master A and Master B from light.

4. Material and Devices required but not provided

- Appropriate real-time PCR instrument (see chapter 6.1 Real-Time PCR Instruments)
- Appropriate nucleic acid extraction system or kit (see chapter 8.2 Sample Preparation)
- · Desktop centrifuge with a rotor for 2 ml reaction tubes
- · Centrifuge with a rotor for microtiter plates, if using 96 well reaction plates
- · Vortex mixer
- Appropriate 96 well reaction plates or reaction tubes with corresponding (optical) closing material
- · Pipettes (adjustable)
- Pipette tips with filters (disposable)
- · Powder-free gloves (disposable)

NOTE



Please ensure that all instruments used have been installed, calibrated, checked and maintained according to the manufacturer's instructions and recommendations.



It is highly recommended to use the 72-well rotor with the appropriate 0.1 ml reaction tubes, if using the Rotor-Gene® 6000 (Corbett Research) or the Rotor-Gene® Q 5/6 plex (QIAGEN).

5. Background Information

Hepatitis E virus (HEV) is a single-strand virus with a RNA genome of approximately 7.5 kb in length. It is the only member of the genus *Hepevirus* in the family *Hepeviridae*. It consists of a non-enveloped icosahedral capsid of approximately 33 nm in diameter.

Infections with HEV are a significant public health problem. It is estimated that 2.3 billion people are infected globally. HEV is responsible for nearly 50% of acute viral hepatitis in developing countries of Asia, Africa and Latin America. Acute infections primarily affect adults, 15 to 40 years of age and are generally mild. But the mortality rate is particularly high (10% - 40%) among pregnant women. Chronic HEV infections have been reported in immune suppressed people. Studies in endemic regions indicate high seroprevalence rates ranging from 15% to 60%.

HEV has been classified into four genotypes divided into several subtypes. While HEV genotypes 1 and 2 are hyper-endemic in Asia and Africa, where they cause outbreaks and sporadic acute hepatitis, HEV genotype 3 is prevalent in developed nations, where sporadic acute hepatitis due to this virus was identified.

NOTE



Due to the relatively fast molecular evolution of RNA viruses, there is an inherent risk for any RT-PCR based test system that accumulation of mutations over time may lead to false negative results.

6. Product Description

The RealStar® HEV RT-PCR Kit 2.0 is an *in vitro* diagnostic test, based on real-time PCR technology, for the detection and quantification of hepatitis E virus (HEV) specific RNA.

The assay includes a heterologous amplification system (Internal Control) to identify possible RT-PCR inhibition and to confirm the integrity of the reagents of the kit.

Real-time RT-PCR technology utilizes reverse-transcriptase (RT) reaction to convert RNA into complementary DNA (cDNA), polymerase chain reaction (PCR) for the amplification of specific target sequences and target specific probes for the detection of the amplified DNA. The probes are labelled with fluorescent reporter and quencher dyes.

Probes specific for HEV RNA are labelled with the fluorophore FAM™. The probe specific for the Internal Control (IC) is labelled with the fluorophore JOE™.

Using probes linked to distinguishable dyes enables the parallel detection of HEV specific RNA and the Internal Control in corresponding detector channels of the real-time PCR instrument.

The test consists of three processes in a single tube assay:

- Reverse transcription of target and Internal Control RNA to cDNA
- PCR amplification of target and Internal Control cDNA
- Simultaneous detection of PCR amplicons by fluorescent dye labelled probes

The RealStar® HEV RT-PCR Kit 2.0 consists of:

- Two Master reagents (Master A and Master B)
- Internal Control (IC)
- Four Quantification Standards (QS1 QS4)
- · PCR grade water

Master A and Master B contain all components (PCR buffer, reverse transcriptase, DNA polymerase, magnesium salt, primers and probes) to allow reverse transcription, PCR mediated amplification and detection of HEV specific RNA and Internal Control in one reaction setup.

The Quantification Standards contain standardized concentrations of HEV specific RNA. These Quantification Standards were calibrated against the 1st World Health Organization International Standard for Hepatitis E Virus RNA Nucleic Acid Amplification Techniques (NAT)-Based Assays (PEI code 6329/10). The Quantification Standards can be used individually as positive controls, or together to generate a **standard curve**, which can be used to determine the concentration of HEV specific RNA in a sample.

The Quantification Standards have the following concentrations:

Quantification Standard	Concentration [IU/µI]
QS1	1.00E+04
QS2	1.00E+03
QS3	1.00E+02
QS4	1.00E+01

6.1 Real-Time PCR Instruments

The RealStar® HEV RT-PCR Kit 2.0 was developed and validated to be used with the following real-time PCR instruments:

- Mx 3005P™ QPCR System (Stratagene)
- VERSANT® kPCR Molecular System AD (Siemens Healthcare)
- ABI Prism® 7500 SDS (Applied Biosystems)
- Rotor-Gene® 6000 (Corbett Research)
- Rotor-Gene® Q5/6 plex Platform (QIAGEN)
- CFX96™ Deep Well Real-Time PCR Detection System (Bio-Rad)
- LightCycler® 480 Instrument II (Roche)

7. Warnings and Precautions

Read the Instructions for Use carefully before using the product.

- Before first use check the product and its components for:
 - Integrity
 - Completeness with respect to number, type and filling (see chapter 2. Kit Components)
 - Correct labelling
 - Frozenness upon arrival
- Use of this product is limited to personnel specially instructed and trained in the techniques of real-time PCR and in vitro diagnostic procedures.
- Specimens should always be treated as infectious and/or biohazardous in accordance with safe laboratory procedures.
- Wear protective disposable powder-free gloves, a laboratory coat and eye protection when handling specimens.
- Avoid microbial and nuclease (DNase/RNase) contamination of the specimens and the components of the kit.
- Always use DNase/RNase-free disposable pipette tips with aerosol barriers.
- Always wear protective disposable powder-free gloves when handling kit components.
- Use separated and segregated working areas for (i) sample preparation, (ii) reaction setup and (iii) amplification/detection activities. The workflow in the laboratory should proceed in unidirectional manner. Always wear disposable gloves in each area and change them before entering a different area.
- Dedicate supplies and equipment to the separate working areas and do not move them from one area to another.
- Store positive and/or potentially positive material separated from all other components of the kit.
- Do not open the reaction tubes/plates post amplification, to avoid contamination with amplicons.

- Additional controls may be tested according to guidelines or requirements of local, state and/or federal regulations or accrediting organizations.
- Do not autoclave reaction tubes after the PCR, since this will not degrade the amplified nucleic acid and will bear the risk to contaminate the laboratory area.
- Do not use components of the kit that have passed their expiration date.
- · Discard sample and assay waste according to your local safety regulations.

8. Procedure

8.1 Sample Preparation

Extracted RNA is the starting material for the RealStar® HEV RT-PCR Kit 2.0.

The quality of the extracted RNA has a profound impact on the performance of the entire test system. It has to be ensured that the system used for nucleic acid extraction is compatible with real-time PCR technology. The following kits and systems are suitable for nucleic acid extraction:

- QIAamp® Viral RNA Mini Kit (QIAGEN)
- QIAsymphony® (QIAGEN)
- NucliSENS® easyMag® (bioMérieux)
- · MagNA Pure 96 System (Roche)
- m2000sp (Abbott)
- Maxwell[®] 16 IVD Instrument (Promega)
- VERSANT® kPCR Molecular System SP (Siemens Healthcare)

Alternative nucleic acid extraction systems and kits might also be appropriate. The suitability of the nucleic acid extraction procedure for use with RealStar®HEV RT-PCR Kit 2.0 has to be validated by the user.

If using a spin column based sample preparation procedure including washing buffers containing ethanol, it is highly recommended to perform an additional centrifugation step for 10 min at approximately $17000 \times g$ ($\sim 13000 \text{ rpm}$), using a new collection tube, prior to the elution of the nucleic acid.

CAUTION



If your sample preparation system is using washing buffers containing ethanol, make sure to eliminate any traces of ethanol prior to elution of the nucleic acid. Ethanol is a strong inhibitor of real-time PCR.



The use of carrier RNA is crucial for extraction efficiency and stability of the extracted nucleic acid.

For additional information and technical support regarding pre-treatment and sample preparation please contact our Technical Support (see chapter 14. Technical Assistance).

8.2 Master Mix Setup

All reagents and samples should be thawed completely, mixed (by pipetting or gentle vortexing) and centrifuged briefly before use.

The RealStar® HEV RT-PCR Kit 2.0 contains a heterologous Internal Control (IC), which can either be used as a RT-PCR inhibition control or as a control of the sample preparation procedure (nucleic acid extraction) <u>and</u> as a RT-PCR inhibition control.

▶ If the IC is used as a RT-PCR inhibition control, but not as a control for the sample preparation procedure, set up the Master Mix according to the following pipetting scheme:

Number of Reactions (rxns)	1	12
Master A	5 µl	60 µl
Master B	20 µl	240 µl
Internal Control	2.5 µl	30 μΙ
Volume Master Mix	27.5 μl	330 µl

- ▶ If the IC is used as a control for the sample preparation procedure <u>and</u> as a RT-PCR inhibition control, add the IC during the nucleic acid extraction procedure.
- ▶ No matter which method/system is used for nucleic acid extraction, the IC must not be added directly to the specimen. The IC should always be added to the specimen/lysis buffer mixture. The volume of the IC which has to be added, always and only depends on the elution volume. It represents 10% of the elution volume. For instance, if the nucleic acid is going to be eluted in 60 μl of elution buffer or water, 6 μl of IC per sample must be added into the specimen/lysis buffer mixture.
- ▶ If the IC was added during the sample preparation procedure, set up the Master Mix according to the following pipetting scheme:

Number of Reactions (rxns)	1	12
Master A	5 µl	60 µl
Master B	20 μΙ	240 μΙ
Volume Master Mix	25 μΙ	300 μl

CAUTION



If the IC (Internal Control) was added during the sample preparation procedure, at least the negative control must include the IC.



No matter which method/system is used for nucleic acid extraction, never add the IC directly to the specimen.

8.3 Reaction Setup

- Pipette 25 μl of the Master Mix into each required well of an appropriate optical 96-well reaction plate or an appropriate optical reaction tube.
- ► Add 25 μl of the sample (eluate from the nucleic acid extraction) or 25 μl of the controls (Quantification Standard, Positive or Negative Control).

Reaction Setup			
Master Mix 25 µl			
Sample or Control	25 μΙ		
Total Volume	50 μl		

- ▶ Make sure that at least one Positive Control (QS) and one Negative Control is used per run.
- ► For quantification purposes all Quantification Standards (QS1 to QS4) should be used
- ► Thoroughly mix the samples and controls with the Master Mix by pipetting up and down.
- ► Close the 96-well reaction plate with appropriate lids or optical adhesive film and the reaction tubes with appropriate lids.
- ► Centrifuge the 96-well reaction plate in a centrifuge with a microtiter plate rotor for 30 seconds at approximately 1000 x g (~ 3000 rpm).

9. Programming the Real-Time PCR Instrument

For basic information regarding the setup and programming of the different realtime PCR instruments, please refer to the user manual of the respective instrument.

For detailed programming instructions regarding the use of the RealStar® HEV RT-PCR Kit 2.0 on specific real-time PCR instruments please contact our Technical Support (see chapter 14. Technical Assistance).

9.1 Settings

▶ Define the following settings:

Settings				
Reaction Volume	50 µl			
Ramp Rate	Default			
Passive Reference	ROX™			

9.2 Fluorescence Detectors (Dyes)

▶ Define the fluorescence detectors (dyes):

Target	Detector Name	Reporter	Quencher
HEV specific RNA	HEV	FAM™	(None)
Internal Control	IC	JOE™	(None)

9.3 Temperature Profile and Dye Acquisition

▶ Define the temperature profile and dye acquisition:

	Stage	Cycle Repeats	Acquisition	Temperature [°C]	Time [min:sec]
Reverse Transcription	Hold	1	·	55	20:00
Denaturation	Hold	1	-	95	02:00
			-	95	00:15
Amplification	Cycling	45	yes	55	00:45
			-	72	00:15

10. Data Analysis

For basic information regarding data analysis on specific real-time PCR instruments, please refer to the user manual of the respective instrument.

For detailed instructions regarding the analysis of the data generated with the RealStar® HEV RT-PCR Kit 2.0 on different real-time PCR instruments please contact our Technical Support (see chapter 14. Technical Assistance).

10.1 Validity of Diagnostic Test Runs

10.1.1 Valid Diagnostic Test Run (qualitative)

A qualitative diagnostic test run is valid, if the following control conditions are met:

Control ID	Detection Channel		
Control ID	FAM™	JOE™	
Positive Control (QS)	+	+/-*	
Negative Control	-	+	

^{*} The presence or absence of a signal in the JOE™ channel is not relevant for the validity of the test run.

10.1.2 Invalid Diagnostic Test Run (qualitative)

A **qualitative** diagnostic test run is **invalid**, (i) if the run has not been completed or (ii) if any of the control conditions for a **valid** diagnostic test run are not met.

In case of an **invalid** diagnostic test run, repeat testing by using the remaining purified nucleic acids or start from the original samples again.

10.1.3 Valid Diagnostic Test Run (quantitative)

A quantitative diagnostic test run is valid, if all control conditions for a valid qualitative diagnostic test run are met [see chapter 10.1.1 Valid Diagnostic Test Run (qualitative)]. The quantification results are valid if the generated standard curve reaches the following control parameter value:

Control Parameter	Valid Value
R square (R²)	≥ 0.98

NOTE



Not all real-time PCR instruments display the R square (R^2) value. For detailed information, please refer to the user manual of the respective instrument.

10.1.4 Invalid Diagnostic Test Run (quantitative)

A **quantitative** diagnostic test run is **invalid**, (i) if the run has not been completed or (ii) if any of the control conditions for a **valid quantitative** diagnostic test run are not met.

In case of an **invalid** diagnostic test run, repeat testing by using the remaining purified nucleic acids or start from the original samples again.

10.2 Interpretation of Results

10.2.1 Qualitative Analysis

Detection Channel		Paccilé Intermedation	
FAM™	JOE™	Result Interpretation	
+	+*	HEV specific RNA detected.	
-	+	No HEV specific RNA detected. Sample does not contain detectable amounts of HEV specific RNA.	
-	-	RT-PCR inhibition or reagent failure. Repeat testing from original sample or collect and test a new sample.	

* Detection of the Internal Control in the JOE™ detection channel is not required for positive results in the FAM™ detection channel. A high HEV RNA load in the sample can lead to a reduced or absent Internal Control signal.

10.2.2 Quantitative Analysis

The RealStar® HEV RT-PCR Kit 2.0 includes four Quantification Standards (QS). In order to generate a **standard curve** for quantitative analysis, these have to be defined as **standards** with appropriate concentrations (see chapter 6. Product Description). Using **standards** of known concentrations a standard curve for quantitative analysis can be generated.

$$C_t = m \cdot \log(N_0) + b$$

C₁ = Threshold Cycle

m = Slope

N₀ = Initial Concentration

b = Intercept

Derived from the standard curve positive samples of unknown concentrations can be quantified.

$$N_0 = 10^{(C_t - b)/m}$$

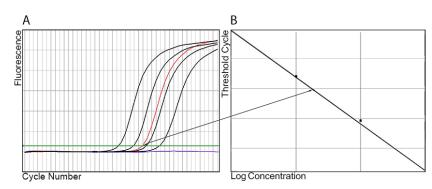


Figure 1: Quantification Standards (black), a positive (red) and a negative sample (blue) displayed in the Amplification Plot [A] and Standard Curve analysis [B]

To determine the **viral load of the original sample**, the following formula has to be applied:

$$\label{eq:Volume of Eluate of Fluate} \mbox{Viral load (Sample) [IU/ml] = } \frac{\mbox{Volume (Eluate) [μ] } \cdot \mbox{Viral load (Eluate) [IU/μ]}}{\mbox{Sample Input [ml]}}$$

NOTE



The concentration of the "Sample" is displayed in IU/µI and refers to the concentration in the eluate.

11. Performance Evaluation

The analytical performance evaluation of the RealStar® HEV RT-PCR Kit 2.0 was done using the "1st World Health Organization International Standard for Hepatitis E Virus RNA Nucleic Acid Amplification Techniques (NAT)-Based Assays, PEI code: 6329/10".

11.1 Analytical Sensitivity

The analytical sensitivity (Limit of Detection: LoD) of the RealStar® HEV RT-PCR Kit 2.0 is defined as the concentration (IU/µI of the eluate) of HEV specific RNA molecules that can be detected with a positivity rate of 95%. The analytical sensitivity was determined by analysis of dilution series of "1st World Health Organization International Standard for Hepatitis E Virus RNA Nucleic Acid Amplification Techniques (NAT)-Based Assays".

Table 1: RT-PCR results used for the calculation of the analytical sensitivity with respect to the detection of HEV specific RNA

Input Conc. [IU/μΙ]	Number of Replicates	Number of Positives	Hit Rate [%]
10.000	24	24	100
3.162	24	24	100
1.000	24	24	100
0.316	24	24	100
0.100	24	22	92
0.0316	24	9	38
0.010	24	4	17
0.003	24	2	8

The analytical sensitivity of the RealStar® HEV RT-PCR Kit 2.0 was determined by Probit analysis:

For the detection of HEV specific RNA, the analytical sensitivity is 0.20 IU/µI [95% confidence interval (CI): 0.12 - 0.45 IU/µI]

11.2 Analytical Specificity

The analytical specificity of the RealStar® HEV RT-PCR Kit 2.0 is ensured by the thorough selection of the oligonucleotides (primers and probes). The oligonucleotides were checked by sequence comparison analysis against publicly available sequences to ensure that all relevant HEV genotypes will be detected.

The analytical specificity of the RealStar® HEV RT-PCR Kit 2.0 was evaluated by testing a panel of genomic RNA/DNA extracted from viruses related to HEV and other pathogens causing similar symptoms as HEV.

The RealStar® HEV RT-PCR Kit 2.0 did not cross-react with any of the following pathogens:

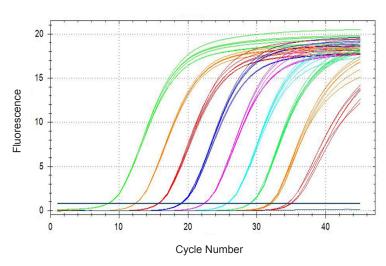
- Epstein-Barr virus
- Hepatitis A virus
- Hepatitis B virus
- Hepatitis C virus
- Human parvovirus B19

- Cytomegalovirus
- Herpes simplex virus 1
- Herpes simplex virus 2
- Varicella-zoster virus
- Human immunodeficiency virus 1

11.3 Linear Range

The linear range of the RealStar® HEV RT-PCR Kit 2.0 was evaluated by analysing a logarithmic dilution series of HEV specific RNA using concentrations ranging from 1E+08 to 1E+00 IU/µI. At least six replicates per dilution were analysed





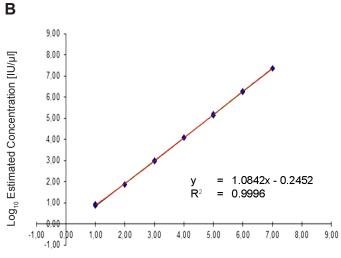


Figure 2: Amplification curves **[A]** and linear regression **[B]** of an analysed dilution series of HEV specific RNA

Log₁₀ Nominal Concentration [IU/μΙ]

The linear range of the RealStar® HEV RT-PCR Kit 2.0 was determined to be 1E+01 to 1E+07 $IU/\mu I$

11.4 Precision

Precision of the RealStar® HEV RT-PCR Kit 2.0 was determined as intra-assay variability (variability within one experiment), inter-assay variability (variability between different experiments) and inter-lot variability (variability between different production lots). Total variability was calculated by combining the three analysis.

Variability data are expressed in terms of standard deviation and coefficient of variation. The data are based on quantification analysis of defined concentrations of HEV specific RNA and on threshold cycle (C_t) value in terms of the Internal Control. At least six replicates per sample were analysed for intra-assay, inter-assay and inter-lot variability.

Table 2: Precision data for the detection of HEV specific RNA

HEV	Average Conc. [IU/μΙ]	Standard Deviation	Coefficient of Variation [%]
Intra-Assay Variability	5.18	0.43	8.28
Inter-Assay Variability	6.06	0.35	5.70
Inter-Lot Variability	5.62	0.56	10.02
Total Variability	5.77	0.56	9.68

Table 3: Precision data for the detection of the Internal Control

IC	Average Threshold Cycle (C _t)	Standard Deviation	Coefficient of Variation [%]
Intra-Assay Variability	30.55	0.05	0.16
Inter-Assay Variability	30.38	0.07	0.23
Inter-Lot Variability	30.47	0.11	0.37
Total Variability	30.44	0.10	0.33

12. Limitations

- Strict compliance with the instructions for use is required for optimal results.
- Use of this product is limited to personnel specially instructed and trained in the techniques of real-time PCR and in *in vitro* diagnostic procedures.
- Good laboratory practice is essential for proper performance of this assay.
 Extreme care should be taken to preserve the purity of the components of the kit and reaction setups. All reagents should be closely monitored for impurity and contamination. Any suspicious reagents should be discarded.
- Appropriate specimen collection, transport, storage and processing procedures are required for the optimal performance of this test.
- This assay must not be used on the specimen directly. Appropriate nucleic acid extraction methods have to be conducted prior to using this assay.
- The presence of RT-PCR inhibitors (e.g. heparin) may cause underquantification, false negative or invalid results.
- The presence of RT-PCR inhibitors (e.g. heparin) may cause false negative or invalid results.
- Potential mutations within the target regions of the HEV genome covered by the primers and/or probes used in the kit may result in underquantification and/or failure to detect the presence of the pathogen.
- As with any diagnostic test, results of the RealStar® HEV RT-PCR Kit 2.0 need to be interpreted in consideration of all clinical and laboratory findings.

13. Quality Control

In accordance with the altona Diagnostics GmbH EN ISO 13485-certified Quality Management System, each lot of RealStar® HEV RT-PCR Kit 2.0 is tested against predetermined specifications to ensure consistent product quality.

14. Technical Assistance

For technical advice, please contact our Technical Support:

e-mail: support@altona-diagnostics.com

phone: +49-(0)40-5480676-0

15. Literature

Versalovic, James, Carroll, Karen C., Funke, Guido, Jorgensen, James H., Landry, Marie Louise and David W. Warnock (ed). Manual of Clinical Microbiology. 10th Edition. ASM Press, 2011.

Cohen, Jonathan, Powderly, William G, and Steven M Opal. Infectious Diseases, Third Edition. Mosby, 2010.

16. Trademarks and Disclaimers

RealStar® (altona Diagnostics); ABI Prism® (Applied Biosystems); ATCC® (American Type Culture Collection); CFX96™ (Bio-Rad); Cy® (GE Healthcare); FAM™, JOE™, ROX™ (Life Technologies); LightCycler® (Roche); SmartCycler® (Cepheid); Maxwell® (Promega); Mx 3005P™ (Stratagene); NucliSENS®, easyMag® (bioMérieux); Rotor-Gene®, QIAamp®, MinElute®, QIAsymphony® (QIAGEN); VERSANT® (Siemens Healthcare).

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The RealStar® HEV RT-PCR Kit 2.0 is a CE-marked diagnostic kit according to the European *in vitro* diagnostic directive 98/79/EC.

Product not licensed with Health Canada and not FDA cleared or approved.

Not available in all countries.

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17. Explanation of Symbols

IVD	In vitro diagnostic medical device
LOT	Batch code
CAP	Cap color
REF	Product number
CONT	Content
NUM	Number
СОМР	Component
GTIN	Global trade identification number
i	Consult instructions for use
\sum	Contains sufficient for "n" tests/reactions (rxns)
X	Temperature limit
\subseteq	Use-by date
***	Manufacturer
<u> </u>	Caution
i	Note
	Version

always a drop ahead.

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